

Providing Care as Unique as You Are



THE BEST CARE FOR A BETTER YOU

Downey Plastic Surgery is a state-of-the-art plastic and reconstructive surgery center serving patients throughout the Pacific Northwest. Our practice is based on a philosophy of individualized, patient-involved care throughout each step of the treatment journey.

At Downey Plastic Surgery, we deliver medical professionalism with every procedure. We place an emphasis on safety and use an innovative, flexible approach; always striving to achieve highly satisfying results for both cosmetic and reconstructive surgical procedures.

Dr. Downey graduated from the University of Washington Medical Center, one of the top medical schools in the country. He is board certified by the American Board of Plastic Surgeons and a fellow in the American College of Surgeons, which indicates that he has met the highest level of requirements for practicing plastic and reconstructive surgery.



Dan Downey, MD FACS
Diplomate, American Board of Plastic Surgeons
Fellow, American College of Surgeons
Fellow, American Board of Facial Plastic and Reconstructive Surgery
Member, American Society of Plastic Surgeons
Diplomate American Association of Plastic Surgeons
Diplomate American Board of Surgery

WHY CHOOSE DOWNEY PLASTIC SURGERY?

A successful surgery requires trust and chemistry between doctor and patient. You may rest assured that Downey Plastic Surgery is the right choice for you if you are looking for the following:

- **Respected and knowledgeable staff.** Dr. Downey practices with a highly-trained staff experienced in the field of plastic surgery. Our team includes caring nurses, experienced surgery coordinators, and wonderful front desk staff.
- **Commitment to individualized care.** All of us at Downey Plastic Surgery are intensely committed to delivering specialized treatment for each patient, based on his or her individual needs.
- **Mutual patient/physician involvement.** Dr. Downey creates patient relationships based on mutual respect and trust, treating patients as equals and participants in their care.
- **State-of-the-art equipment and facilities.** Downey Plastic Surgery offers the very latest in plastic and cosmetic surgery techniques. Conveniently located on the Northwest Hospital & Medical Center campus, Downey Plastic Surgery has access to state-of-the-art equipment in both inpatient and outpatient settings.

YOU ARE AN INDIVIDUAL

Downey Plastic Surgery practices highly individualized care based on patient needs, which are jointly identified during a thorough consultation and examination. You will receive a unique assessment of the results that you are seeking from surgical treatment.

One of the initial steps in your treatment journey is to discuss your goals with your physician. The various treatment options available will be considered and discussed with you. During this process we will clearly explain the procedure, share possible risks, and explain recovery expectations and care following your surgery. We encourage you to ask questions and to carefully weigh the emotional and physical considerations for the type of service you choose. This time and careful planning before the procedure helps us to ensure that you will be delighted with the outcome.

COMPREHENSIVE TREATMENTS & SERVICES

Options for enhancing appearance fall across a continuum of minimally-invasive services such as laser skin resurfacing to more extensive procedures such as breast reconstruction following a mastectomy or facelift. Outlined here is a brief overview of Downey Plastic Surgery's most common treatments and services.

- **Facial Rejuvenation** – Various face lift options are available to carefully remove sagging skin, tighten muscles or trim fat for a rejuvenated appearance.
- **Eyelid Surgery** – on either upper or lower lids increases range of vision, relieves discomfort, and gives an alert, more youthful expression.
- **Surgery of the Ear** – to correct both medical and aesthetic conditions, using safe and relatively uncomplicated procedures.
- **Skin and Lip Treatments** – just a few of the options include Botox for temporarily smoothing moderate to severe frown lines around the brows, dermal fillers that add volume to lips, lift up wrinkles and folds, and help reshape facial contours, or laser skin resurfacing to reduce lines, wrinkles and scars, or to treat facial spider veins, warts, tattoos and brown spots like freckles, birthmarks or other pigmented lesions.
- **Skin Care** – we make available for purchase a selection of professional skin care products to promote ongoing improvement and maintenance of skin health.
- **Breast Reshaping** – includes enlargement, reduction and lift procedures to create a more balanced and appealing profile.
- **Breast Reconstruction** – restores the appearance of a breast for women who have had a breast removed to treat breast cancer. The surgery rebuilds the breast contour and, if you desire, the nipple and areola (the darker area surrounding the nipple).
- **Body Contouring and Reshaping** – “tummy tucks” tighten abdominal skin that has become slack from pregnancy or significant weight loss. Liposuction can remove stubborn localized fat deposits on the abdomen, hip or thighs where diets and exercise programs have proven ineffective.
- **Reconstructive Skin Cancer Treatments** – modern treatment of skin cancer and melanoma using techniques ranging from simple scar revision to complex transfer of tissue from elsewhere on the body. Our cancer care is a collaborative effort including a range of specialists to not only remove or repair damaged tissue but rebuild body parts and restore appearance and function.

CONTACT US

To learn more about how Downey Plastic Surgery can help customize a treatment individualized for your unique situation, please call (206) 368-1160 or visit us online at www.dr-downey.com.

Downey Plastic Surgery is conveniently located on the tree-lined campus of Northwest Hospital & Medical Center.
Driving Directions:

From the North (Southbound I-5)

- Travel South on I-5 to the Northgate Way Exit (Exit #173)
- Take the Northgate Way Westbound ramp
- Turn RIGHT onto N Northgate Way
- Turn RIGHT onto Meridian Avenue North
- Turn LEFT onto N 115th Street
- Turn RIGHT to enter the Northwest Hospital & Medical Center campus
- Follow signs to the McMurray Medical Building
- Park in the parking garage at the end of the road.

From the South (Northbound I-5)

- Travel North on I-5 to the 1st Avenue Exit (Exit #173)
- Turn LEFT onto 1st Avenue NE
- Turn LEFT onto N Northgate Way
- Turn RIGHT onto Meridian Avenue North
- Turn LEFT onto N 115th Street
- Turn RIGHT to enter the Northwest Hospital & Medical Center campus
- Follow signs to the McMurray Medical Building
- Park in the parking garage at the end of the road.

Downey Plastic Surgery is unable to validate for parking. You may find 2 hour free parallel parking on 115th St., or you may park in the NWH lot. Fees are as follows:

NWH Parking Rates:

Length of Stay	Rate
0 to 30 Minutes	FREE
30 to 60 Minutes	\$3
1 - 2 Hours	\$5
Over 2 Hours	\$7
All-Day Pass	\$7 (include in-and-out privileges)
7-Day Pass	\$28 (include in-and-out privileges)
Weekends	Free

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